





Integrative Healtha New Paradigm for Health Care

1st International Conference on possible synergies between Western and Traditional Chinese Medicines - Health for All through Integrative Medicine

Krakow, 18-19th September 2018

18.09.2018 - open day of the conference, free of charge

registration: konferencja-ih.evenea.pl

<u>place</u>: Dom Towarzystwa Lekarskiego - Sala Malinowa, 4 Radziwiłłowska Street, Krakow <u>official language of the first day of the conference</u>: Polish, English

15.00-15.10 Welcome speeches - Vice-Rector for Medical College, Director of the Center for Chinese Language and Culture Confucius Institute in Krakow

15.10-16.10 *Integrative Medicine for you and your patients* - Prof. Ka-Kit Hui, MD, FACP, Founder and Director of the UCLA Center for East-West Medicine, Chair of the Collaborative Centers of Integrative Medicine at UCLA, Los Angeles, USA

16.10-16.20 Break

16.20-17.00 Acupressure - selected points and their application - Kamila Mitka, MD, Department of Endocrinology, Jagiellonian University Medical College, Krakow

17.00-17.05 Break

17.05-18.05 How Traditional Chinese Medicine works and helps you - Prof. Jing Zhao, MD. PhD, Associate professor, Institute of Basic Research in Clinical Medicine, TCM Clinic, China Academy of Chinese Medical Sciences, Beijing, China

18.05-18.10 Break

18.10-18.50 *Tai chi workshop* - Małgorzata Lelek, Center for Chinese Language and Culture Confucius Institute in Krakow - on-site registration

18.50-19.00 Concluding remarks

HONORARY PATRONAGE:



Embassy of the People's Republic of China in the Republic of Poland 中华人民共和国驻波兰共和国大使馆



Jacek Krupa - The Marshal of the Małopolska Region







PARTNER:



MEDIA PATRON:









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19.09.2018 - a closed event, only for invited guests

<u>place</u>: Collegium Novum - room 30, 24 Gołębia Street, Krakow <u>official language of the second day of the conference</u>: English

09.00-09.15 Opening of the conference by the Rector of the Jagiellonian University, welcome by the Vice-Rector of the Jagiellonian University Medical College and the Director of the Center for Chinese Language and Culture at the Confucius Institute in Krakow

09.15-09.30 *Integrative Medicine in the world* - Monika Rybicka, MD, Jagiellonian University Medical College, Krakow

09.30-10.30 The Potential of Integrative East-West Medicine in Improving Global Health – Prof. Ka-Kit Hui, MD, FACP, Founder and Director of the UCLA Center for East-West Medicine, Los Angeles, USA

10.30-11.30 Modern development and clinical application of Traditional Chinese Medicine – Prof. Jing Zhao, MD, PhD, Associate professor, Institute of Basic Research in Clinical Medicine, TCM Clinic, China Academy of Chinese Medical Sciences, Beijing, China **11.30-12.00** Break

12.00-12.40 Integrative Pain Medicine - do chronic pain patients benefit from complementary/alternative methods? - Magdalena Kocot-Kępska, MD, PhD, EDPM, Department of Pain Research and Treatment, Jagiellonian University Medical College, Krakow

12.40-13.10 Discussion

13.10-13.20 Summary and closing of the conference

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